

**Sunday, July 20, 2008**  
**7:30am Start**

**5K/10K course map\***

\*subject to change

**5K/10K SPLIT 1:**  
 5K goes East  
 10K goes North

**5K/10K SPLIT 2:**  
 5K goes East  
 10K goes South



③ ---> = 5K COURSE / MILE MARKERS

⑥ ---> = 10K COURSE / MILE MARKERS

**A** = AID STATION

= BIKE PARKING

**P** = PARKING

LIMITED free parking is available in the Montrose Harbor Parking Lot, Wilson and Lawrence Parking Lots and on Simonds Drive.

Exit Lake Shore Drive at Wilson Avenue, Lawrence Avenue or Foster Avenue.

Please arrive early and allow plenty of time to park, pick-up your timing chip, check your gear and get to the start line.

The roads into Montrose Harbor begin closing at 6:30am, and lots will fill up shortly thereafter.

**PUBLIC TRANSPORTATION**

To determine the best route for you, please visit the CTA's Trip Planner at [www.transitchicago.com/maps/triplanner.html](http://www.transitchicago.com/maps/triplanner.html).

